



PELLET INSERTION DOCUMENTATION

Date: _____ Time: _____ Provider: _____

Name: _____ Nickname: _____ DOB: _____

Last Pellet Date: _____ Dose: Estradiol _____ mg Testosterone _____ mg Insertion Side: Left Right

Last Lab (Annual): _____ Last pap _____ Last Mammogram: _____ Waiver? Y/N LMP: _____ Last PSA: _____

Current Medications: _____

Vitals Signs: B/P _____ HR: _____ Temp: _____ Weight: _____ lb

General Appearance: Appears well, in no acute distress.

Respiratory: On visual observation, patient is in no respiratory distress.

Cardiovascular: Rhythm is regular. There is no peripheral edema, cyanosis or pallor.

Neurological: Alert and oriented x 3.

Subjective/Objective Data:

PLAN: Pertinent information and H&P reviewed. Subcutaneous hormone pellet insertion today. Insertion and proctor consent, wound care, and follow-up instructions were reviewed with the patient.

Procedure Note: Insertion site was prepped with chloraprep. Local anesthetic of 1% Lidocaine with epinephrine and sodium bicarbonate was injected and infiltrated into insertion site. 3 mm incision was made using a sterile #11 blade. The hormone implants were inserted using a sterile trocar insertion tool. Site closed with steri-strip tape. Gauze pressure bandages applied. The patient tolerated procedure well with no adverse reactions. Questions were answered to patients satisfaction. Patient voices understanding of post insertion instructions. **Treated with:**

| | | |
|-----------------------|-------------|-----------|
| Estradiol _____ mg | LOT # _____ | N/A _____ |
| Testosterone _____ mg | LOT # _____ | |
| Testosterone _____ mg | LOT # _____ | |
| Testosterone _____ mg | LOT # _____ | |

Insertion Side: Left Right

Comments: _____

Medications Prescribed Today: Progesterone _____ mg Dessicated Thyroid _____ mg Other _____

LABS NEEDED: Post labs in _____ weeks/months Annual labs in _____ weeks/months Other Labs: _____

NEXT STEPS: Office Visit in _____ weeks/months (reason): _____

Practitioner (Signature): _____ Date: _____